September 16, 2025 SHAC Meeting

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| * **Welcome/Sign-In** * **SHAC Basics** * **Review Yearly Goals** * **Fall Activities & Updates** |
| * **Open Forum** * **Closing** |
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**9/16/25**

**3:15 PM**

Meeting started at 3:15 PM. Members present: Shandy Beedy, Holly Cogdell, Kelby Brock, Jeremy Holt, Stephanie Otis, April reed, Kylie Brock, Kimberly Wilson, Elizabeth Adams

SHAC basics were reviewed. What is a SHAC, what is required on a SHAC, etc.

Holly Cogdell was elected co-chair.

Last years goals were reviewed. Red Ribbon week activity was discussed. UMC NEIDs and sex trafficking program were also discussed. The SHAC agreed both programs were beneficial and would like to see more things of this nature. The Oral Health Program that was held last year was also a success. Shandy informed the council that they will come every 3 years. The SHAC would like to have them come again whenever it is available.

2025-2026 goals were discussed. Mrs. Francis mentioned last springs she would like to see more of the monthly wellness calendars. Shandy will put one out in October and November. The Hoot Hoot Treat Trolley that has been implemented this year for all staff has been a great mental health boost! A program the SHAC would like to see this year is something with internet safety. Kylie and Shandy will look into programs to bring to the district with this in mind. The SHAC talked about possibly having a physical activity fundraiser in PE classes. A bike a thon, walk a thon, jump rope for heart, etc. Elizabeth Adams also mentioned that the Silverton Downtown Association will be hosting a health and career fair in the spring. They would like the SHACs help with this. More details to come on that later.

Shandy talked about the District Vulnerability Audit the school will have in October. The Emergency Medical Stations will be looked at to make sure the district is in compliance with bleeding control kits, Narcan, etc. Covenant Wellness was here this morning offering health screenings to district employees. VHSS will start next week. Kelby Brock (SHAC member) will be helping Shandy screen lower elementary students. Coffee Memorial Blood Drive will also be here on September 29th for the fall blood drive.

No further items were discussed. Shandy thanked everyone for coming.

Meeting adjourned at 3:50.