 May 6, 2025 SHAC Meeting

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| * **Welcome/Sign-In** * **Spring health and wellness updates** * **Review human sexuality instruction** * **Review goals and set next school year goals** |
| * **Open forum** * **Closing** |
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**5/6/25**

**3:15 PM**

Meeting started at 3:15 PM. Members present: Shandy Beedy, Stephanie Otis, Harlee Campbell, April Reed, Michelle Francis, Patsy Towe, Kylie Brock, Michael Hayes, and Lottie Cogdell

Spring semester health and wellness activities discussed. Health and wellness events and activities were discussed. Dental kits donated from the Tulia Masonic Lodge and dental education will be given to the 1st grade students. VHSS annual report will be submitted by Shandy this week. Seniors were certified in CPR last week. Noe Beltran already gave the 5th grade boys the sexual education instruction and Shandy will instruct the girls tomorrow. Staff participated in Walk Across Texas and Stephanie did a 4 week nutrition program called, *Get the Facts*. The staff really enjoyed the nutrition program where food labels were discussed. Elementary Track meet will be held on Monday the12th. LGEG for 3rd-5th grades is going on this semester. The Ag students made planter boxes for this program. The kids in grade 3-5 all planted veggies and have been trying them as they grow. Community service day is scheduled for next Thursday.

Fitnessgram for grades 3-12 are still being conducted. Shandy will submit the report when all of the data is collected.

5th grade human sexuality instruction was addressed. Shandy states they use the Always Changing and Growing Up program from P&G Schools. It is a free resource that the SHAC feels is age appropriate and evidenced based. SHAC recommended to continue using this program for the 5th grade human sexuality instruction. Links to the material are posted on the school districts website. The district uses the 2014 material which is available for viewing at the school.

Goals for next year were discussed. Michelle suggested that we do monthly calendar challenges for staff wellness. The SHAC also discussed having a presentation on internet safety. April suggested looking into a program called, *Protect Young Eyes*. The SHAC wants to do some sort of physical activity fundraiser for Red Ribbon week. Such as, Jump Rope for Heart, Walk a Thon, Bike a Thon, etc.

No further items were discussed. Shandy thanked everyone for being apart of the SHAC committee this year. She will submitted the annual report to the board by the end of this week.

Meeting closed at 3:45.