 May 7, 2024 SHAC Meeting

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| * **Welcome/Sign-In** * **Spring activities and updates** * **Review human sexuality instruction** * **Review goals and se next school year goals** |
| * **Open forum** * **Closing** |
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**5/7/24**

**3:15 PM**

Meeting started at 3:15 PM. Members present: Shandy Beedy, Elizabeth Adams, Lottie Cogdell, Kylie Brock, Patsy Towe, Michelle Francis

Spring semester health and wellness activities discussed. Shandy told the SHAC that the school was selected by the CDC to partake in the National Youth Tobacco Survey for grades 6-12. The school received $500 for completing the survey and Stop the Bleed kits and a new CPR manikin were purchased with the funds. The staff and grades 1st and 2nd have been competing in a Walk Across Texas daily walk challenge. Fitnessgram has been done and Shandy will turn the results in next week. Elementary Track Day was Monday for PK-5th grades. Ag Day is coming up next week for elementary students that the senior Ag students are putting on. Dental kits donated from the Tulia Masonic Lodge and dental education will be given to the 1st grade students. VHSS annual report was submitted this morning by Shandy. A school wide Rock Your Socks day on May 21st was held in support of Marisol and Down Syndrom Day. Funds raised were given to the Plainview Stars Special Olympics program Marisol is a part of.

5th grade human sexuality instruction was addressed. Shandy states they use the Always Changing and Growing Up program from P&G Schools. It is a free resource that the SHAC feels is age appropriate and evidenced based. SHAC recommended to continue using this program for the 5th grade human sexuality instruction. Links to the material are posted on the school districts website. The district uses the 2014 material which is available for viewing at the school.

Goals for next year were discussed. The SHAC suggested having a Health Fair day during Red Ribbon Week with different stations such as, bike and street safety, dental hygiene, drugs/vaping, stop the bleed, CPR/AED, mental health, nutrition, physical activity, etc. Shandy is going to reach out again to the new director of the Oral Health Program to come to school to offer free teeth sealants for all students. Michelle also suggested doing another vaping program at school like we had last year. The SHAC also talked about distracted driving programs and it was suggested to have some sort of program for that to come to school next year.

No further items were discussed. Shandy thanked everyone for being apart of the SHAC committee this year. She will submitted the annual report to the board by the end of this week.

Meeting closed at 3:40 PM.